

JULIA P. LANGDAL-SITTU, PSY.D.

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EDUCATION

Doctor of Psychology in Clinical Psychology 2012
Fuller Graduate School of Psychology, Pasadena, CA
APA Accredited

Master of Arts in Theology 2011
Fuller Theological Seminary, Pasadena, CA

Master of Arts in Psychology 2007
Fuller Graduate School of Psychology, Pasadena, CA

Bachelor of Arts in Psychology (*Magna cum laude*) 2004
Northern Arizona University, Flagstaff, AZ

EMPLOYMENT

Alfred University

August 2022-Present

Assistant Professor, College of Liberal Arts and Sciences

Teach undergraduate psychology courses, which includes developing curriculum, course materials, lectures, activities, grading student submissions and providing feedback. Collaborate with colleagues and division on research, outreach, and other university-related tasks. Current courses: PSYC 341 Theories of Personality and PSYC 101 Introduction to Psychology.

Grand Canyon University

December 2013-August 2022

Department Chair, Psychology Department

2021-2022

Served as the representative of the psychology department to the university administration, and as liaison between faculty and administration. Duties included leading program reviews, course revisions, new course development; reviewing and analyzing performance data for all department programs; assessing full time faculty and providing performance feedback; mentoring adjunct instructors; leading departmental trainings and webinars; coordinating scheduling of department courses and instructors, and other administrative duties.

Instructor, College of Humanities and Social Sciences

2015-2022

Taught undergraduate psychology and master's level counseling classes in the College of Humanities and Social Sciences (see list of courses taught on last page). Developed lectures, course materials, activities, and grade student submissions. Conducted ethical research in collaboration with colleagues and students. Served on curriculum development committees for undergraduate psychology courses, as well as university committees for a variety of tasks.

Adjunct Professor, College of Doctoral Studies

2017-2022

Teach online and ground cohort classes for the College of Doctoral Studies. Courses include Ethical Issues in Psychology and Introduction to Advanced Graduate Studies. Develop lectures, course materials, and activities for course instruction; conduct assessment of student learning.

Content Expert/ Dissertation Committee Member

2015-2018

Served as content expert on the dissertation committees of several doctoral learners.

Full Time Online Faculty, College of Doctoral Studies 2013-2015
Taught online and ground courses in the College of Doctoral Studies, including Advanced Social Psychology, Social Cognition, Cognition and Instruction, Ethical Issues and Research in Psychology, History and Systems, and Introduction to Advanced Graduate Studies. Developed lectures and course materials, administered grades. Served on several committees, including the Curriculum Development team for the Ph.D. program, and contributed a chapter to course ebook.

Christopher Newport University

Adjunct Professor 2013
Prepared curriculum for and taught undergraduate courses in Child Development and Lifespan Development.

Staff Psychologist 2012-2013
Provided psychological assessment, crisis intervention, short-term psychotherapy and referrals to a diverse population of college students. Provided after hours on-call services and consultation services to the university community. Provided supervision to practicum students and participated on supervision team. Served on campus committees and participated in activities of the Student Affairs Division.

California Polytechnic State University

2011-2012

Doctoral Intern, Counseling Services

Provided short-term individual therapy, group therapy, and crisis intervention to diverse population of college students; plan and provide outreach services to campus community; participated on the Outreach Committee; consulted with psychiatric and medical services as well as other campus departments. Cal Poly's internship program is APA equivalent, and documentation of this status can be provided.

Mount Saint Mary's College

2010-2011

Advanced Practicum Clinician, Counseling and Psychological Services

Provided brief individual therapy for diverse population of college students, planned and provided outreach programs and events; consulted with faculty and medical services; provided crisis assessment and intervention.

Azusa Pacific University

2008-2011

Adjunct Professor, Department of Psychology

Prepared curriculum for and taught undergraduate courses in Human Growth and Development, Social Psychology, Abnormal Psychology.

UNPAID CLINICAL EXPERIENCE

Psychology Clerk

2008-2009

Rancho Los Amigos National Rehabilitation Center

Provided psychological testing for ethnically and culturally diverse inpatient and outpatient populations, provided individual inpatient therapy and assessment feedback, wrote assessment reports, and provided consultation for multidisciplinary team.

Support Group Leader

2008-2009

Fuller Graduate School of Psychology

Led a support/process group for first year graduate students addressing issues regarding the integration of psychology and faith and the transition to graduate school.

Practicum II Clinician

2007-2008

Pasadena Mental Health Center

Provided both short-term and year-long psychotherapy to diverse population of adults and adolescents; co-facilitated social skills-building group for third-grade boys; engaged in weekly group supervision, consultations, and training; conducted phone screenings and intakes; and provided crisis intervention.

Practicum I Clinician

2006-2007

Fuller Psychological and Family Services

Provided individual outpatient therapy with diverse population; engaged in individual and group supervision; gave bimonthly case presentations; and conducted phone intakes.

PUBLICATIONS AND PROFESSIONAL PRESENTATIONS

Langdal-Sittu, J. (2021). Experimental mad libs. Poster presented at the Annual Conference on Teaching, Society for the Teaching of Psychology. Virtual.

Langdal-Sittu, J. (2021). Brains! Prevent the zombification of students by making neuroscience fun and accessible! In H. Scherschel (Ed.). *Teaching tips: A compendium of conference presentations on teaching, 2019-2020*. (pp. 134-136). <https://teachpsych.org/ebooks/teachingtips5>

Langdal-Sittu, J. (2019, October). BRAINS! Prevent the zombification of students by making neuroscience fun and accessible! Workshop presented at the Annual Conference on Teaching, Society for the Teaching of Psychology. Denver, CO.

Langdal-Sittu, J. (2018, October). It's all fun and games until someone realizes they're learning. Poster presented at the Annual Conference on Teaching, Society for the Teaching of Psychology. Phoenix, AZ.

Langdal, J. (2018, April). Superheroes and psychology. Presentation given at Mesa Community College: Psychology Evening Lecture Series. Mesa, Arizona.

Langdal, J., & Terry, L. (2018, February). Turning back the clock: Limiting technology use in the classroom. Presentation given at the Lily Conference on Teaching for Active and Engaged Learning. Anaheim, CA.

Langdal, J. (2017, January). Stress prevention circuit training. Presentation given at the Society for Teaching Psychology Preconference at the annual meeting of the Society for Personality and Social Psychology. San Antonio, TX.

Langdal, J. (2016, February). Domestic violence. Workshop presented at Brophy College Preparatory's Summit on Human Dignity. Phoenix, AZ.

Langdal, J. (2014). Preparing for writing. In A. DiVincenzo (Ed.), *Find your purpose: The path to a successful doctoral experience*. GCU Media.

Langdal, J. (2014). Expanding students' engagement and understanding with videos. Workshop presented at GCU Online Teaching and Research Mini-Conference. Tempe, AZ.

Langdal, J. (2012, March). The fellowship of the self and community: Applying object relations

theory and trinitarian theology in a clinical case study. Poster presented at the annual meeting of the Christian Association of Psychological Studies (CAPS). Washington, DC.

Goodman, D., Dueck, A., & Langdal, J. (2010). The 'heroic I': A Levinasian critique of modern narcissism. *Theory & Psychology, 20*, 667-685.

Dueck, A., Langdal, J., Goodman, D., & Ghali, A. (2009). Prophetic words for psychologists: Particularity, ethics, and peace. *Pastoral Psychology, 58*, 289-301.

Langdal, J., Barsuglia, J., Huett, S., Ghali, A., & Dueck, A. (2008, April). A Christian psychology: Ethical, just, indigenous and the suffering of the innocent. Poster presented at the annual meeting of the Christian Association of Psychological Studies (CAPS). Phoenix, Arizona.

Goodman, D., Langdal, J., Cortez, N., & Ghali, A. (2008, March). Modern rationality: Implications for ethical identity. Poster presented at the annual meeting of the Eastern Psychological Association (EPA). Boston, Massachusetts.

Dueck, A., Langdal, J., & Goodman, D. (2007, November). Remembering Heschel: Psychology Perspectives. Paper presented at the Honoring Heschel at 100 Conference. Baylor University, Center for Jewish Studies, Texas.

Goodman, D., Dueck, A., & Langdal, J. (2007, June). The self for-itself: The "temptation of temptation" in modern society. Paper presented at the annual meeting of the Levinas Society Conference. Purdue University, Indiana.

VOLUNTEER WORK AND SERVICE TO THE COMMUNITY

10/14 - 12/2016 Youth Leader, Chaparral Christian Church Youth Group

MEMBERSHIPS AND AFFILIATIONS

American Psychological Association, 2006-Present

Arizona Psychological Association, 2015-Present

Society for Teaching Psychology, 2015-Present

Society for Personality and Social Psychology, 2016-Present

COURSES TAUGHT

- Abnormal Psychology
- Social Psychology
- Personality Psychology
- Lifespan Development
- Child Development
- Introduction to Psychology
- Cognitive Neuroscience
- Experimental Psychology
- Attitudes and Social Behavior
- Human Sexuality
- Introduction to Doctoral Research (Doctoral level)
- Social Psychology (Doctoral level)
- Social Cognition (Doctoral level)
- Cognition and Instruction (Doctoral level)

- Ethics and Research Methods (Doctoral level)
- History and Systems of Psychology (Doctoral level)
- Trauma and Crisis Intervention (Master's level)