

**Alfred University**  
**College of Liberal Arts and Sciences**  
**Division of Health and Human Performance**  
**Athletic Training Program**

**Plan of Study**

**Fall Semester – First Year**

ATHT 105	Perspectives in Health Prof	3 ____
ATHT 111	Emergency Med. in AT	3 ____
ENGL 101	Writing I	4 ____
BIOL 150	Biological Foundations	4 ____
	Gen Ed Elective	4 ____

**Total Credit Hours    14-18**

**Spring Semester – First Year**

ATHT 103	Prevention and Care	4 ____
ATHT 104	Intro to Clinical Experience	1 ____
ATHT 215	Personal Health and Wellness	2 ____
ATHT 222	Nutrition	2 ____
ENGL 102	Writing II	4 ____
BIOL 211	Cell Biology	4 ____

**Total Credit Hours    17**

**Fall Semester – Second Year**

ATHT 201	Clinical Experience I	1 ____
ATHT 210	Advanced AT	3 ____
ATHT 334	Eval – Lower Extremity	3 ____
PSYC 101	Intro to Psychology	4 ____
BIOL 307	A & P: NMS	4 ____

**Total Credit Hours    15**

**Spring Semester – Second Year**

ATHT 202	Clinical Experience II	1 ____
ATHT 341	Eval – Head/Neck/Spine	2 ____
ATHT 348	Eval – Upper Extremity	3 ____
ATHT 392	Biomechanics	3 ____
BIOL 308	A & P: Viscera	4 ____
ATHT 320	Psychosocial Strategies – AT	2 ____

**Total Credit Hours    15**

**Fall Semester – Third Year**

ATHT 301	Clinical Experience III	2 ____
ATHT 393	Physiology of Exercise	3 ____
PSYC 311 or	Sensation and Perception	4 ____
PSYC 322	Health Psychology	
ATHT 265	Therapeutic Application I	3 ____
CHEM 105	General Chemistry I	4 ____

**Total Credit Hours    16**

**Spring Semester – Third Year**

ATHT 302	Clinical Experience IV	2 ____
ATHT 310	Orthopedic Procedures	2 ____
ATHT 276	Therapeutic Application II	3 ____
ATHT 390	Junior Seminar	1 ____
	Global Perspective Req.	4 ____
	Statistics Req.	4 ____

**Total Credit Hours    16**

**Fall Semester – Final Year**

ATHT 401	Clinical Experience V	2 ____
ATHT 420	Pharmacology	2 ____
ATHT 432	Org. and Admin. of Athletics	2 ____
ATHT 459	Research Methods I – AT	2 ____
ATHT 490	Senior Seminar	1 ____
PSYC 330	Neuropsychology	4 ____
PHYS 111	Intro to General Physics	4 ____

**Total Credit Hours    17**

**Spring Semester – Final Year**

ATHT 190	Strength Training/Recon.	2 ____
ATHT 402	Clinical Experience VI	2 ____
ATHT 403	Medical Aspects	1 ____
ATHT 469	Research Methods II-AT	1 ____
ATHT 495	Current Topics – AT	2 ____
	General Education Req.	4 ____

**Total Credit Hours    12**